



Weekly Newsletter Friday 4th September 2026

Message from the Head of School

Welcome Back!

A very warm welcome back to all our children and families as we begin a new term and an exciting new school year!

It has been absolutely lovely to see all the children back in school. They have settled in beautifully and have quickly returned to their routines, reconnecting with friends and getting to know their new teachers and classrooms.

We would also like to give a very special welcome to our new Reception starters. They all look so grown up in their new uniforms, and we are incredibly proud of how well they have settled into school life. It has been wonderful to see them becoming more confident each day and beginning to form new friendships.

Next week, our PE lessons will commence. An email was sent yesterday with the PE dates for each class. Please ensure that your child arrives at school wearing their PE kit on their

specified PE day. This will help us make sure that lessons can begin promptly and that everyone is ready to take part.

We are looking forward to a wonderful year ahead, filled with learning, laughter, new experiences and lots of exciting opportunities. Thank you for your continued support, and we hope everyone has had a fantastic start to the new school year!

We invite all parents to join us for our Open Classrooms next Wednesday after school at 3.30pm, this is a chance to meet the class teacher and look at the classroom environment. There will be a presentation in each class with information on the year ahead. It will be lovely to see you there!

Best wishes,

Mrs Fleming

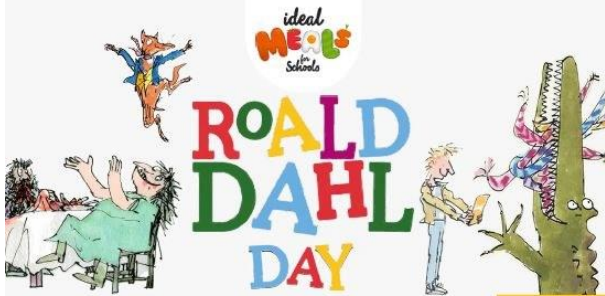
Ideal School Meals



Please see the Ideal school meals menus for term 1 below.

Please remember to book a meal option for your child **every day**, even if your child is entitled to **Free School Meals (FSM)** or **Universal Infant Free School Meals (UIFSM)**.

The menu options close on a Wednesday the week before, so please order at least a week in advance.

  ROALD DAHL DAY					
	Monday 7th Sep	Tuesday 8th Sep	Wednesday 9th Sep	Thursday 10th Sep	Friday 11th Sep
Lunch Option 1	Creamy Tomato Pasta & Bread Selection	Mild & Creamy Coconut Chicken Curry & Rice	MSC Battered Fish Fillet	Roast Chicken	The Twits' Wiggly Worm Spaghetti & Beef Bolognese
Lunch Option 2	Quorn Sausage, Baked Bean & Cheesy Mash Pie	Cheesy Beef & Potato Bake	Cheese & Bacon Turnover	Ham, Cauliflower & Broccoli Bake	Fantastic Mr Fox BBQ Chicken Pizza Baguette
Lunch Option 3	Mega Mild Mixed Bean & Vegetable Chilli & Jacket Potato	Potato, Lentil & Vegetable Curry & Rice	Roasted Vegetable Quiche	Quorn Sausage & Yorkshire Pudding	Charlie & The Veggie Factory Pasta Bake
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mashed Potato & Baked Beans	Diced Roast Potatoes & Mixed Vegetables	The Enormous Crocodile's Crunchy Jungle Salad
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Chicken & Sweetcorn Mayo Roll	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Ice Cream Sponge Roll	Oat Cookie	Toffee Apple Sponge Cake & Custard	Jelly & Mandarins	Willy Wonka's Scrumdiddly- umptious Chocolate Cupcake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

    TALK LIKE A PIRATE DAY 					
	Monday 14th Sept	Tuesday 15th Sept	Wednesday 16th Sept	Thursday 17th Sept	Friday 18th Sept
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Beef Lasagne	Roast Beef	Breaded Chicken Grill	Captain Jack Sparrows' MSC Fish Fingers
Lunch Option 2	Salmon & Potato Bake	BBQ Chicken Breast & Rice	Ham & Cheese Puff Pastry Whirl	1/2 Cheese & Ham Melt Baguette	Smugglers Cheese & Bacon Turnover
Lunch Option 3	Mild Mexican Bean Wrap	Vegetable Lasagne	Savoury Minced Quorn	Breaded Vegetable Fingers	Man Overboard! Lifbuoy Cheese & Tomato Pizza Bagel
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Rainbow Salad Platter	Mashed Potato & Mixed Vegetables	Diced Roast Potatoes & Baked Beans	Treasure Chest Potato Wedges, Scallywag Spaghetti Loops & Sea Cucumber Slices
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Chicken & Bacon Mayo Sandwich	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Pancake with Banana & Strawberry Sauce	Mango & Vanilla Sponge Cake	Butterscotch Cookie	Chocolate Pear Sponge & Chocolate Sauce	Shiner Ma Timber! Baby Shark Shortbread
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



THE AUTUMN EQUINOX

	Monday 21st Sep	Tuesday 22nd Sep	Wednesday 23rd Sep	Thursday 24th Sep	Friday 25th Sep
Lunch Option 1	Cheese & Tomato Macaroni Bake & Bread Selection	BBQ Chicken Breast & Savoury Chicken Rice	Autumn Equinox Beef Cottage Pie	Brunch Lunch - Pork Chipolata & Bacon	MSC Breaded Fishcake
Lunch Option 2	Mixed Bean & Rice Burrito	Chicken & Vegetable Cottage Pie	Roast Chicken & Mashed Potato	Cheese & Bean Pastty	Sliced Gammon Ham (served chilled)
Lunch Option 3	Quorn Sausage Burger, Fresh Roli, 1/2 Jacket & Ketchup	Cheese Filled Potato Shells	Harvest Vegetable Pie & Mashed Potato	Quorn Sausage & Egg Muffin Brunch Lunch	Breaded Quorn Dippers
1, 2 & 3 served with	Rainbow Crudite Platlier	Mixed Vegetables	Mixed Vegetables	Hash Brown & Baked Beans	Oven Chips, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese & Ham Sandwich	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Chocolate Cracknel	Tutti Frutti Muffin & Melon Slice	Carrot Sponge Cake with Buttercream	Marble Sponge Cake & Custard	Flapjack & Fruity Friday Fruit Platter
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

 ideal MEALS for Schools LINCOLNSHIRE DAY					
	Monday 28th Sep	Tuesday 29th Sep	Wednesday 30th Sep	Thursday 1st Oct	Friday 2nd Oct
Lunch Option 1	Creamy Tomato Pasta & Bread Selection	Roast Chicken	Mega Mild Beef Chilli Con Carne, Grated Cheese & Rice	Lincolnshire Day Park Sausage Hot Dog	MSC Breaded Fish Fingers
Lunch Option 2	Quorn Sausage, Baked Bean & Cheesy Mash Pie	Ham, Cauliflower & Broccoli Bake	Chicken Curry Noodles	Farmhouse Ham & Cheese Puff Pastry Pocket	BBQ Chicken Pizza Slice
Lunch Option 3	Quorn Bolognese Pasta	Quorn Sausage Casserole	Cheese & Tomato Pizza Slices & Ketchup	Garden Patch Quiche	Quorn Fishless Fingers
1, 2 & 3 served with	Rainbow Salad Platter	Diced Roast Potatoes & Mixed Vegetables	Peas, Sweetcorn & Carrots	Lincolnshire Baked Potato Wedges & Baked Beans	Mashed Potato, Peas & Ketchup
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Egg Mayo Roll	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Ice Cream Sponge Roll	Cocoa Oat Cookie	Strawberry Jelly & Peaches	Lincolnshire Yellowbally Lemon Buttercream Cupcake	Shortbread Finger & Fruity Friday Fruit Platter
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

 WORLD SPACE WEEK					
	Monday 5th Oct	Tuesday 6th Oct	Wednesday 7th Oct	Thursday 8th Oct	Friday 9th Oct
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Space Day - Meteor Metaballs in Lava Planet Sauce (Sweet Tomato)	Beef Bolognese Pasta	Roast Pork	MSC Battered Fish Fillet
Lunch Option 2	Salmon & Potato Bake	Cheese & Bacon Puff Pastry Whirl & Ketchup	Creamy Chicken & Broccoli Bake & Rice	Savoury Minced Beef & Potato in Gravy	Cheese & Bean Pasty
Lunch Option 3	Potato, Lentil & Vegetable Curry & Rice	Cheese, Spinach & Tomato Egg Muffin Crater Cups & Ketchup	Macaroni Cheese	Quorn Sausage & Yorkshire Pudding	Breaded Quorn Dippers
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Pioneer Potato Wedges, Peas & Sweetcorn	Mixed Vegetables	Diced Roast Potatoes & Mixed Vegetables	Mashed Potato & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Chicken & Bacon Mayo Sandwich	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Jam Swirl Cake & Custard	Galaxy Cupcakes	Tutti Frutti Cookie	Toffee & Mandarin Sponge Cake	Chocolate Cracknel & Fruit Friday Fruit Platter
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



WORLD Food DAY

	Monday 12th Oct	Tuesday 13th Oct	Wednesday 14th Oct	Thursday 15th Oct	Friday 16th Oct
Lunch Option 1	Macaroni Cheese	Mild & Creamy Coconut Chicken Curry & Rice	Beef Lasagne	Roast Chicken	USA Beef Burger with Cheese, Fresh Roll & Ketchup
Lunch Option 2	Mega Mild Mixed Bean & Vegetable Chilli & Rice	Cheesy Beef & Potato Bake	BBQ Chicken Pizza Baguette	Cheese & Bacon Turnover	Mexican Chicken Fajita Wrap
Lunch Option 3	Quorn Sausage Burger, Fresh Roll, 1/2 Jacket & Ketchup	Cheese Filled Potato Shells	Mild Mexican Bean Wrap	Roasted Vegetable Crustless Quiche	Italian Magherita Pizza Slices
1, 2 & 3 served with	Broccoli, Peas & Carrots	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes & Mixed Vegetables	Sweetcorn & Rainbow Salad
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Chicken & Sweetcorn Mayo Roll	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Pancake with Banana & Strawberry Sauce	Oat Cookie	Apple & Buttercream Sponge Cake	Fruit Flapjack Finger	Spanish Orange Cake & Custard
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



WEAR IT PINK™

	Monday 19th Oct	Tuesday 20th Oct	Wednesday 21st Oct	Thursday 22nd Oct	Friday 23rd Oct
Lunch Option 1	Creamy Tomato Pasta & Bread Selection	BBQ Chicken Breast & Savoury Chicken Rice	Ham & Cheese Pizza Slice & Ketchup	Simpsons Puff Pastry Pork Sausage Roll	MSC Breaded Fish Fingers
Lunch Option 2	Mixed Bean & Rice Burrito	Cheese & Bacon Potato Shells	BBQ Pulled Pork Roll	Sliced Gammon Ham (served chilled)	1/2 Cheese & Ham Melt Baguette
Lunch Option 3	Quorn Sausage, Baked Bean & Cheesy Mash Pie	Vegetable Lasagne	Savoury Minced Quorn	Creamy Vegetable Puff Pastry Pie	Quorn Fishless Fingers
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Diced Roast Potatoes, Peas & Sweetcorn	Mashed Potato & Baked Beans	Oven Chips, Spaghetti Loops & Cucumber Slices
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese & Ham Sandwich	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Ice Cream Sponge Roll	Chocolate Cracknel	Chocolate Pear Sponge & Chocolate Sauce	Jelly & Mandarins	Wear it Pink Cupcakes
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Upcoming Secondary School Open Evenings



The poster for Stamford Welland Academy features a large, colorful graphic of the letters 'S', 'W', and 'A' in blue, red, and green respectively, with students and staff posing around them. Below the graphic, the text reads: 'Stamford Welland Academy' followed by 'Join us for our **Open Day** and experience the vibrant, supportive, and ambitious community that makes Stamford Welland Academy truly special.'

DETAILS

- Date: Tuesday 15th September 2026
- Time: 17:00 - 19:00pm
- Headteacher talk starts at 17:30pm
- Location: Stamford Welland Academy, Stamford. PE9 1HE

FIND OUT MORE

www.stamfordwellandacademy.org

Two circular inset images show students in a laboratory setting and a group of students in a classroom.



The poster for Casterton College Rutland features a photograph of a student sitting at a desk. The text reads: 'Come Join Our **Open Evening**' followed by 'Casterton College Rutland' and 'Wednesday 16th September 6:00pm-8:00pm'.

Open Evening

Casterton College Rutland
Wednesday 16th September
6:00pm-8:00pm

Children and Young People's Online Counselling Support Service in Lincolnshire



Lincolnshire County Council are reviewing how they support children and young people with their emotional wellbeing and mental health. They want to make sure public funding is used in the best way to meet the needs of young people across the county.

Lincolnshire Integrated Care Board and Lincolnshire County Council fund services to help children and young people with their emotional wellbeing and mental health.

Right now, [Kooth](#), an online counselling service, is available in Lincolnshire for young people aged 11–18 (up to 25 for care leavers or those with SEND). Kooth offers:

- 1:1 chats with trained professionals
- group chats and forums
- self-help tools like articles and advice on topics like stress, anxiety, relationships, bullying and more

The Children and Young People's Online Counselling Support Service consultation launches today and will remain open until **3 March 2026**.

The current contract for the service is due to end in August 2026, and we are looking for feedback from children, young people, parents/carers and professionals to help inform future decision-making.

You can find more information, and the opportunity to participate here:

<https://www.letstalk.lincolnshire.gov.uk/online-counselling-service-consultation>

Please share with students, parents and colleagues, if you think they might like to take part.

Should you have any queries about the subject, please contact

Childrens_Commissioning@lincolnshire.gov.uk

Eco-Coach Wraparound Care

ECO COACH
CIC

NEW FROM SEPTEMBER 2026

WRAPAROUND CARE

AT ST GEORGE'S PRIMARY SCHOOL

★ FUN, FRIENDS & FANTASTIC EXPERIENCES EVERY DAY!

Ofsted REGISTERED

SAFE: A safe and welcoming environment

ACTIVE: Fun, engaging activities every day

SUPPORTIVE: Caring staff who know your children

OPEN TO ALL CHILDREN FROM RECEPTION TO YEAR 6

BEFORE SCHOOL. AFTER SCHOOL. EVERY CHILD. EVERY DAY.

BREAKFAST CLUB

7:30AM – 8:50AM
A POSITIVE START TO THE DAY

- Healthy breakfast provided
- Fun, quiet activities
- Great start before the school day

£7.25 PER SESSION

FLEXIBLE WRAPAROUND CARE OPTIONS

LOTS OF FUN. FLEXIBLE CHOICES TO SUIT YOUR DAY.

Time Slot	Price per Session	Snack Included
3:30PM – 5:00PM	£9.00	Yes
4:15PM – 5:00PM	£6.50	Yes
4:15PM – 6:00PM	£11.75	Yes
3:30PM – 6:00PM	£13.75	Yes

DISCOUNTS AVAILABLE

WE'RE COMMITTED TO MAKING CHILDCARE MORE AFFORDABLE:

- 15% OFF FOR FAMILIES WITH CHILDREN ON FREE SCHOOL MEALS (FSM)
- 10% OFF FOR NHS, MILITARY, OR BLUE LIGHT CARD HOLDERS

TO CLAIM YOUR DISCOUNT:

- EMAIL GREENOFFICE@ECO-COACH.CO.UK WITH A PHOTO OF YOUR EVIDENCE (FSM ELIGIBILITY OR VALID ID)
- WE'LL SEND YOU A UNIQUE DISCOUNT CODE TO USE WHEN BOOKING.

HOW TO BOOK

- PARENTS CAN CHOOSE TO BOOK INDIVIDUAL SESSIONS OR THE WHOLE TERM.
- IF THERE ARE PLACES NOT FILLED, THOSE ON THE WAITING LIST WILL BE OFFERED PLACES.
- BOOKINGS ARE FIRST COME, FIRST SERVED, AND ONLINE PAYMENT ONLY.

BOOK HERE

QR CODE

[HTTPS://P8BL.UK/ECO-COACH-CIC](https://p8bl.uk/eco-coach-cic)

SECURE BOOKING
ONLINE PAYMENT ONLY

Limited spaces!
Book early to secure your child's place.

WE'RE LOOKING FORWARD TO A FANTASTIC TERM OF SPORTS, TEAMWORK, AND FUN! HURRY AND SECURE YOUR PLACE NOW!

ECO COACH
CIC

FOR ANY ENQUIRIES, PLEASE CONTACT GREENOFFICE@ECO-COACH.CO.UK

WWW.ECO-COACH.CO.UK

Help and Support



Young Carers

Young Carers

Family Lives

Family Lives offers a confidential and free helpline service for families in England and Wales (previously known as Parentline). They can be contacted on 0808 800 2222 for emotional

support, information, advice and guidance on any aspect of parenting and family life. Their website is also a rich source of useful support and advice: <https://www.familylives.org.uk/>

Family Lives also offer a range of free online parenting courses: <https://www.familylives.org.uk/how-we-can-help/online-parenting-courses>

FACE

FACE <https://www.facefamilyadvice.co.uk/> Family Advice - Communication - Education,

FACE gives practical, accessible and affordable support to parents and professionals who support children and teenagers

Relevant advice, up to date information and easy to apply interventions.

EDAN Lincs Domestic Abuse Service 01522 510041 <https://edanlincs.org.uk/>

Providing support and assistance to men, women and children suffering, or fleeing from domestic abuse in Lincolnshire

Healthy Minds Lincolnshire <https://www.lpft.nhs.uk/young-people/lincolnshire/young-people/i-need-more-help/healthy-minds-lincolnshire#>

Providing support and treatment for children, young people and their families, who are experiencing emotional wellbeing difficulties.

Place2Be is a children's mental health charity working with pupils, families and staff in UK schools. Place2be <https://www.place2be.org.uk/>

MIND <https://www.mind.org.uk/> 0300 123 3393

Providing support for people living with a mental health problem or supporting someone with a mental health problem.

Family Lives <https://www.familylives.org.uk/> 0808 800 2222

Providing early intervention and crisis support to families.

Lincolnshire Parent Carer Forum <https://www.lincspcf.org.uk/>

LPCF is specifically tasked with working alongside the Local Authority and Health to help ensure that the services they plan, commission, deliver and monitor meet the needs of children with Disabilities and Special Educational Needs. You will need to register with them for free before being able to access the resources and support.

Online Safety

My Family's Digital Toolkit has been created specifically for parents to find the right information to stay on top of their children's internet safety and help build healthy digital habits at home. [My Family's Digital Toolkit - tailored online safety advice | Internet Matters](#)

How can I help my child think critically about the influencers they follow?

Supporting parents to have conversations with children about online influencers and finding positive role models within the online world.

[Helping children think critically about online influencers | Internet Matters](#)

Family Hub Free Online Course for Parents

Free online courses for parents, grandparents, teens and carers have been made available through a paid partnership between Lincolnshire County Council and the Solihull Approach.

The courses for parents are designed to provide support through all stages of bringing up children, from pregnancy and birth to caring for toddlers up to teenagers. They include specific courses for teenagers, and for parents and carers of children with additional needs. Parents' courses can be accessed via: [Family Hubs courses](#)

Free online courses for all parents, carers, grandparents and teens Nurturing emotional health and wellbeing from bump to 19+ years

Lincolnshire County Council has partnered with the Solihull Approach to offer free access to expertly designed online courses for parents, carers, grandparents and teens living in the region.

Sign up to understand your child's feelings, as well as your own, as you go through life as a family. Learn to understand the changes in your child's development and how to support them, whilst also strengthening your relationship.

www.solihullapproachparenting.com/online-courses-lincolnshire

- Citizens Advice Bureau <https://www.citizensadvice.org.uk/> where parents can input their postcode to access information regarding their local branch.
- The following link also provides specific information on help with paying bills <https://www.citizensadvice.org.uk/debt-and-money/budgeting/budgeting/get-help-with-bills/>.
- There is also information regarding local food banks which is available on the following website <https://lincolnshirefoodpartnership.org>



1 - George's Food Hub is open at St. George's every Monday from 2:45pm until 4:15pm.

They will be based in the portacabin at the end of the car park, pop in to see what is on offer - all on a pay as you feel basis.

Please note, car parking will not be available on the school site.



2 - Click the link below to our School Facebook page.

<https://www.facebook.com/profile.php?id=61556518687266>.



3 - Telephone: 01780 763654

Email: enquiriesstg@aspire.school

Website: www.st-georges-stamford.lincs.sch.uk

